

**FREE** **March 2026** **PHOENIX & NORTHERN ARIZONA EDITION** **Vol.42 No.3** **Happy St. Patrick's Day**

**BINGO BUGLE**

North America's Bingo & Gaming Newspaper Phoenix Edition

**A POT OF GOLD CAN'T BEAT A BINGO!**

**VISIT A BINGO GAME NEAR YOU**

**In the Phoenix Area**

- American Legion Post 26.....16
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- DAV 20 Glendale.....9
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- We-Ko-Pa Casino..... 24



Ladies and Gentlemen, we have a winner! Denise VanderVeer of Hugo, Minnesota is the 2025 World Champion of Bingo. Denise sailed aboard Bingo Bugle's World Championship Bingo & Gaming Cruise in late 2025, nabbing \$3,800 in the regular Bingo sessions.

**BINGO HAPPENINGS**  
Local Bingo Events & Great Specials

The **We-Ko-Pa** March Mega Bash is coming up on Saturday, March 21st. This is really one of the best events of the year. Over \$125,000 in cash and prizes will be up for grabs. The 34 game session starts at 5:30 pm. And, don't forget their great daily games. They have something special going on every day. Their ad is on page 24.

**Arizona American Italian Club** will treat everyone to a FREE dauber on Friday, March 13th. Their ad is on page 12.

Bingo, on a main game, at **Vee Quiva**, on Friday, March 13, at the matinee and evening session, with a number ending in "3" and win 10x the last number called.

Minimum payout of \$200. Bingo on B13 and win an extra \$1,300. Main game winners not ending with a "3" will receive a \$25 bingo voucher. Check out their ad on page 2 for more information on their great games.

**Las Palmas Grand** has those FREE cheeseburgers, chips and lemonades for everyone, on March 30th. Their ad is on page 6.

**Harrah's** says March is your lucky month, so if you want to just have some pure bingo fun...drop on by. Thursdays are FREE slot play drawings and Fridays mean ½ off electronic packages. Their ad is on page 15.

**Edgewater Casino**, in Laughlin, has a St. Patrick's Day gift giveaway, on Tuesday, March 17th of a nice towel set, with any \$10 buy in. And, remember they have

**BINGO LAND**  
STORIES FROM THE REAL WORLD & CYBERSPACE

**From the Headlines**

- \*At press time, Florida Representative Michael Owen had sponsored House Bill 609 to clarify rules for "instant bingo," aiming to modernize outdated language and ensure veteran service organizations can continue fundraising without legal uncertainty.
- \*The Alabama Attorney General recently shut down more electronic gaming operations in Jefferson County, freezing city assets as part of ongoing gambling enforcement.
- \* Portland, Oregon launched Recreation Bingo: a challenge to encourage residents to explore community parks and try new activities.



Continued on Page 8

Continued on Page 5

**The BINGO BUGLE is now available online!**  
Visit [www.bingobuglephoenix.com](http://www.bingobuglephoenix.com) to read a full copy.

# THE BINGO BALLS Are Flying High

CATCH YOUR NEXT JACKPOT AT VEE QUIVA

## MARCH

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
1 2 <sup>ND</sup> CHANCE BINGO	2 50% OFF MAT / EVE	3 BINGO CLUB DAY	4 BOGO SENIOR DAY	5 CASH & COMPS	6 50% OFF MAT / EVE	7 BOGO 7 DAYS & 7 NIGHTS
8 2 <sup>ND</sup> CHANCE BINGO	9 50% OFF MAT / EVE	10 BINGO CLUB DAY	11 BOGO SENIOR DAY	12 BOGO	13 50% OFF MAT / EVE BLACK FRIDAY SPECIAL	14 BOGO LOYALTY LOOT
15 2 <sup>ND</sup> CHANCE BINGO	16 50% OFF MAT / EVE	17 BINGO CLUB DAY	18 BOGO SENIOR DAY	19 MUST GO SPECIAL	20 50% OFF MAT / EVE	21 BOGO
22 2 <sup>ND</sup> CHANCE BINGO	23 50% OFF MAT / EVE	24 BINGO CLUB DAY	25 BOGO SENIOR DAY	26 2 <sup>ND</sup> CHANCE THURSDAY	27 50% OFF MAT / EVE	28 BOGO LOYALTY LOOT
29 2 <sup>ND</sup> CHANCE BINGO	30 50% OFF MAT / EVE	31 BINGO CLUB DAY	<b>BLACK FRIDAY</b> <b>FRIDAY, MARCH 13</b> <b>MATINEE &amp; EVENING SESSIONS</b> Bingo on a main game with a number ending in "3" and win 10x the last number called. Minimum payout of \$200. Bingo on B13 and win an extra \$1,300. Main game winners not ending with a "3" will receive a \$25 bingo voucher.			

JANUARY BINGO JACKPOT WINS  
**OVER \$126,039 LAST MONTH**

CONGRATULATIONS WINNERS!  
OVER \$26,150 IN DIAMOND PROGRESSIVE JACKPOTS!

Find out how you can be our next big winner!  
Visit The Bingo Club for more details.



PlayAtGila.com | 800-WIN-GILA  
Owned and operated by the Gila River Indian Community

\*For more Bingo information, call the Bingo hotline at 1-800-946-4452 EXT # 1913. To speak to a Bingo associate, dial EXT # 1616 or please visit our website at PlayAtGila.com. Please play responsibly. Gambling Problem? Please call 1-800-NEXT STEP.

# \$500,000



**Plus Additional Prizes Up To \$25,000**  
 Guaranteed winners every game at all properties.

## May 4 & 5, 2026

# \$345 ENTRY FEE

Includes one 9-on pack for May 4 & 5 games, food vouchers, 1 dauber and souvenir.  
 Reserve 2 consecutive Power Bingo events and get **1 FREE EXTRA ELECTRONIC PACK EACH DAY OF THE SECOND EVENT!** Minimum 2 pack purchase required.

# TICKETS ON SALE NOW!

Reserve Seating Only • Seating is Limited  
 Purchase Your Ticket By Phone

**GOLD COAST**  
 HOTEL & CASINO • LAS VEGAS

702-251-3520

**SUNGOAST**  
 HOTEL & CASINO • LAS VEGAS

702-636-7337

**SAM'S TOWN**  
 HOTEL & GAMBLING HALL, LAS VEGAS

702-450-8377

Guaranteed winners every game, every property. Each time we have a winner at one of the three properties, a name will be drawn at the non-winning location(s) for a consolation prize. Complete rules posted in Bingo Room. Management reserves all rights. ©2026 Boyd Gaming Corporation\* All Rights Reserved.



BoydGaming.com/PowerBingo

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**POLICY**  
 The Bingo Bugle does not accept responsibility for camera ready advertisements. Deceptive or misleading advertising is never knowingly accepted.



# ASTROLOGY



## THIS MONTH

by Sheri

### ■ Sign of Pisces Horoscope Highlights

**Born Feb. 19th-28th:** After a slow build, your patience pays off around the 12<sup>th</sup> & 21<sup>st</sup>, when support for your plan comes together solidly.  
**Ultimate March days:** 7, 12, 21, 25

**Born Mar. 1st-9th:** Important private conversations 7<sup>th</sup>-8<sup>th</sup>—but keep tight-lipped 9<sup>th</sup>-10<sup>th</sup>. Your money outlook improves substantially starting the 11<sup>th</sup>!  
**Ultimate March days:** 7, 12, 17, 26

**Born Mar. 10th-20th:** Through April, shifts in your local world and close ties open new doors, paving the way for greater monetary gains.  
**Ultimate March days:** 8, 18, 22, 26



### YOUR LUCKY NUMBERS

**B I N G O**

12	17	34	56	74
7	20	37	47	68
4	21	★	58	61
11	27	41	55	63
6	19	44	49	73

#### FLASHBOARD NUMBERS

**B:** 02 05 08 12 14  
**I:** 18 19 21 24 25  
**N:** 32 33 35 36 39  
**G:** 47 50 53 55 59  
**O:** 61 64 69 72 73

### LUCKY LOTTO NUMBERS



38 - 5 - 1 - 53 - 21 \*4\*

### MARCH SPECIAL EVENTS



- 1st Peanut Butter Lovers' Day
- 3rd Full Moon ☾
- 4th National Snack Day
- 6th Dentist's Day
- 8th Daylight Saving Time starts
- 11th Last Quarter Moon ☾
- 14th National Pi Day
- 17th St. Patrick's Day
- 19th New Moon ○
- 20th March Equinox
- 25th First Quarter Moon ☽
- 29th Palm Sunday

## Brentwood Southern Bingo

8103 E Southern Ave, Mesa  
 480-878-2125  
[www.BrentwoodSouthern.com/Bingo](http://www.BrentwoodSouthern.com/Bingo)

Find us on Facebook *Your Happy Place!*

**We're Open Year-Round Every Monday**  
 (Except Holidays)  
 Doors Open at 3:30 pm  
 Sales Begin at 5:00 pm  
 Play Begins at 6:30 pm

We have Swee'Pea Slots, Betty Boop or Gumballs, Bonanza, Progressive Moneyball & More!  
 Snack Bar Open 4-6 pm & Intermission  
 No Hot Foods  
 Birthdays & New Players Receive a Gift!




Diana won \$386, on the Betty Boop game, at Brentwood Southern.

## BINGO BUGLE SUDOKU

Answers on Page 22

2	1			3	5			7
3			1			9	6	
				5		1	8	
	3			9			7	
	2	4		6				
	7	6			8			3
4			5	1			2	9

## Venture Out At Mesa

3 Jumbo Display Screens **B I N G O** 3 Jumbo Display Screens

### THURSDAY NIGHTS

Play all games for ONLY \$15

Last Game \$1,000 Jackpot with Consolation of \$200  
 Progressive starting with 49 Numbers  
 Starting in January, Last game will pay \$900 Every Week

**Money Ball \$500**  
 Bingo at 6:00 pm  
 Doors Open at 5:00 pm

Regular Games pay \$110  
**SPECIAL GAMES**  
 BETTY BOOP  
 DOUBLE ACTION & ODD/EVEN  
 PAYOUT TO BE ANNOUNCED  
 Snack Bar with free Coffee

Venture Out At Mesa  
 Buena Vista Ballroom  
 5001 E Main, Mesa  
 480-832-9000  
[VentureOutRVResort.com](http://VentureOutRVResort.com)

**Bingo Land Continued from Page 1**

\* Mecca Bingo launched a new "Traitors Bingo Experience," capitalizing on the popularity of the television show *The Traitors*.

\* Buzz Bingo and the Stroke Association successfully raised £300,000 through their three-year charity partnership in the UK.

\* The Oaks Farm in LaFayette, Alabama, hosted a "Shop, Sip, Eat, Bingo" event on February 28, 2026, to help local vendors recover from the slow post-holiday season.

\* Illinois-based company Xtreme Bar Bingo requests clarification in law to exempt its free games from Wisconsin regulations

\* State lawmakers are considering changing Wisconsin's official definition of "bingo" at the request of an Illinois-based company operating free "Xtreme Bar Bingo" events at dozens of taverns.



# MONTE VISTA VILLAGE BINGO

2206 S. ELLSWORTH ROAD, MESA

Doors Open at 4:30 and Sales Begin at 4:45 Bingo Starts at 6:00

**FRIDAY NIGHT BINGO**

**March Events**  
 Food Basket Collection Every Friday in March  
 St. Patrick's Day Drawing - Lucky Player Receives Cash for Special Number

☘ Last Night of Bingo March 27<sup>th</sup> See You in November ☘

**Betty Boop Game**  
 Double Action  
 Coverall

**Weekly Cash Door Prizes**  
 Play 17 Games  
 Each Week

**Progressive Coverall**  
 \$500 Max  
 \$250 Con

★ ★ ★ ★ ★ **SNACK BAR** ★ ★ ★ ★ ★  
**970-520-3217**



Barbara won two games at Monte Vista Village while wearing her lucky bingo shirt.



Gary showed off his winnings at Valley Del Oro.

## Valle del Oro

A CALIFORNIA RESORT

**1452 S. Ellsworth Rd. Mesa, AZ • 480-357-2001**  
 Located at US 60 Exit 191

**TUESDAY NIGHT BINGO! OPEN TO THE PUBLIC!**

**SPECIAL GAMES!**  
**JACKPOT**  
**PROGRESSIVE**  
**& BETTY BOOP**

**4pm DOORS OPEN**  
**4-6pm FULL MENU**  
**CACTUS GRILL ON PATIO**  
**POP, SNACKS &**  
**ICE CREAM AVAILABLE**  
**IN THE BINGO HALL**  
**4:30-6:00pm PAPERS SOLD**  
**6:00pm PLAY STARTS**


Bingo Papers &  
 Supplies--  
 Cash Only  
 Food & Beverages--  
 Debit or Credit  
 Cards Only

★ **FREE POPCORN** ★ **DOOR PRIZES** ★

We are a great group of volunteers in a welcoming and friendly atmosphere....  
 Large 70 inch Colored Monitors...  
 18 Great Bingo Games...New Bigger Prizes...Betty Boop Game Pays \$200 or \$400 or \$600  
 Progressive Cover All for \$1150 starts at 50 numbers and increases 1 number each week  
 with a Consolation prize of \$500...  
 Safe well-lit parking....Enter Valle Del Oro thru security gate entrance on Ellsworth...  
 Escort available to walk you to your car after Bingo!

**NEW START TIME 6PM**

# Thesman Community Bingos



## Las Palmas

215 N. Power Rd. Mesa. N. of Main 480-396-2172


**\*DOORS OPEN AT 3:30 PM\*SALES 5:00 PM\***  
**\*BINGO STARTS PROMPTLY AT 6:00 PM\***

**WEDNESDAY  
NIGHT  
BINGO**

**MONEY BALL  
INCREASING EVERY WEEK!!!  
PLUS, BETTY BOOP &  
\$1000 PROGRESSIVE JACKPOT  
YOU CAN WIN BIG!!**

**APRIL 1<sup>ST</sup> IS OUR  
LAST BINGO SESSION!!!  
FREE HAMBURGERS, CHIPS & A DRINK  
TO THE FIRST 200 CUSTOMERS**

THANKS TO EVERYONE FOR A  
GREAT WINTER SESSION!!




**Snack Bar Opens at 5:00**





Kathy showed us her winnings at Las Palmas.





## Las Palmas Grand

2550 S. Ellsworth Rd. 480-357-1148

ENJOY YOUR HOLIDAYS  
BINGO RESUMES JAN. 5<sup>TH</sup>

**MONDAY  
NIGHT  
BINGO**

**FREE CHEESEBURGERS  
CHIPS & LEMONADE  
TO ALL PLAYERS  
MARCH 30<sup>TH</sup>!!**

**MONEY BALL, BETTY BOOP,  
DOUBLE ACTION, \$1,000  
PROGRESSIVE JACKPOT  
FUN GAMES!!!**

*Concessions Open at 4:30pm With Various Items Available  
Game Time 6:00pm*

**MONEY  
BALL AT  
\$1000**



## Palmas Del Sol East

3400 S. Ironwood Dr. • Apache Junction • 480-983-4084

**TUESDAY  
NIGHT  
BINGO**

**MAIN PACK PRICE \$12**

**\$1000 Progressive Jackpot!**  
**•Double Action •Super X •Betty Boop**

Doors Open at 5:00 pm  
Card Sales Start at 5:30 pm  
Main Bingo Session 6:30 pm



**Hot Meals for \$7  
Concession Stand  
opens at 5:00 pm!!!**





Reggie showed us his winning bingo at Palmas Del Sol East.



# Win a share of \$15,000!

**Saturdays in March • Evening Sessions**  
**Sundays, March 15 & 29 • Matinee Sessions**

Begin earning entries March 1. Get 1 entry for every 3 bingo points earned. Swipe and win up to 500 bonus entries daily. Play 1 kiosk game for every 90 bingo points earned. Limited to 3 plays per day. Earn 1,000 entries for every 60 bingo points earned on Saturday drawing days from 9:45am until 7:30pm and Sunday drawing days from 9:45am until 1:30pm.



We're turning back the clock and turning up the payouts! Introducing Bingo 1999, featuring an all-new Level 4 of play and the chance to win up to \$1,999 on main games.

[Learn more at casinoarizona.com](https://casinoarizona.com)

**CASINO ARIZONA** 

Locally owned and caringly operated by the Salt River Pima-Maricopa Indian Community.  
 Management reserves all rights. Must be 21 years of age to participate.  
 Problem gambling? Call 1-800-NEXT-STEP, text NEXTSTEP to 53342 or visit [problemgambling.az.gov](http://problemgambling.az.gov).



# Velda Rose Gardens Bingo

5555 E. Aspen • Mesa

Off 56th Street between Main & Broadway

## Friday Evening Bingo

Game begins at 6:30 p.m.

Doors Open at 4 pm

### Door Prizes Every Week!

\$100  
Regular  
Games

80%  
Payout on  
Specials

Prizes Based on Attendance

PROGRESSIVE COVERALL \$1000

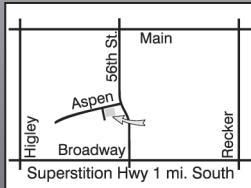
Starting at 48 Numbers

Progressing 1 Number Per Week  
Until Won

Play All 18 Evening Session Games  
for as little as \$12



Bingo Every  
Friday  
at 6:30 pm



**Bingo Happenings cont. from page 1**

great double progressive jackpot that starts at \$10,000. Their ad is on page 13.

Monte Vista Village will have a food basket collection, every Friday, in March. For St Patrick's day, on March 13th, they'll have a cash drawing. Then, they will play their last game of the year on March 27th. We'll miss them. Their ad is on page 5.

Casino Arizona has their March Saturday drawings, at every evening session, in March. Then, on Sundays, they'll be on March 15th & 29th, at their matinee sessions. As usual, you can start earning entries on the 1st of the month. Their ad is on page 7.

Look what's coming your way in May. It's the \$500,000 Power Bingo at the **Boyd Gaming Las Vegas Casinos**....Gold Coast, Suncoast and Sam's Town. For only a \$345 entry fee you will get lots of extra goodies including your 9-on pack, food vouchers, a dauber and a souvenir. Tickets are on sales now for the May 4th & 5th event. Call any of the casino numbers listed, in their ad, on page 3, for reservations.

Las Palmas bingo will play their last session, on April 1st, when they'll treat the first 200 players to a FREE hamburger,

chips and drink. Their ad is on page 6.

Just a reminder, **Santan Mountain**, has Senior Day (50+) at the matinee and evening sessions, every Tuesday. Use your Player's Card at the cashier and receive \$5.00 off your initial bingo purchase when you spend \$50 or more. Receive \$10.00 off your initial bingo purchase when you spend \$100 or more. Saturdays and Sundays mean triple points, at the matinee and evening sessions, if you are a players club member. Check out their ad for more great promotions on page 19.

Wear green to **Riverboat Bingo** on Tuesday, March 17th and you will have a chance to win some nice prizes. Plus, they'll have a corn beef and cabbage special. Their ad is on page 21.

**St Helen's** will be closed for bingo on Good Friday, April 3rd. Their ad is on page 16.

The **Bingo Bugle** can be read online at [www.bingobuglephoenix.com](http://www.bingobuglephoenix.com).

Hope to see you soon and here's to more great bingo.

*Bob*



### ■ Brrrr... It's Frozen Food Month

March is National Frozen Food Month, a time highlighting the convenience, nutritional value, and variety of frozen foods. It focuses on how these products reduce food waste, save time, and offer budget-friendly meal solutions.

**A Little History**

-National Frozen Food Month was founded by Murray Lender (of Lender's Bagels). He pioneered the event in 1984 to boost sales during what was traditionally the slowest month for frozen foods.

-Established by President Ronald Reagan, March 6th is specifically recognized as National Frozen Food Day.

-National Frozen Food Month is

spearheaded by the National Frozen & Refrigerated Foods Association (NFRA). Ways to Celebrate & Save

-Retail Sales: Supermarkets nationwide offer deep discounts, digital circulars, and "buy one, get one" (BOGO) deals to encourage shoppers to stock up.

-Sweepstakes: The NFRA typically hosts a \$10,000 Sweepstakes during March, where consumers can enter to win supermarket gift cards.

-Nutritional Focus: Campaigns highlight that flash-frozen produce often retains more vitamins and nutrients than "fresh" produce that has traveled long distances.

**Modern Trends**

The freezer aisle has evolved beyond just TV dinners to include:

-Global Flavors: Authentic options like Korean bibimbap and Mediterranean grain bowls.

-Specialty Diets: A major destination for keto, paleo, vegan, and allergen-free meals.

-Sustainable Choices: Using frozen ingredients reduces food waste by allowing you to use exactly what you need while keeping the rest preserved.

Take advantage of National Frozen Food Month by finding sales and coupons for the frozen food aisles and trying a few items you've never had before. This is also a good time to clean out and take inventory of your freezer—in preparation of the big frozen food haul you'll be bringing home!



Jeanette had just got a bingo at Silveridge Resort.

## THE FUN PLACE TO PLAY BINGO!

# SILVERIDGE RESORT



8265 E. Southern Avenue, Mesa • 480-373-7700

### WEDNESDAY BINGO

**NEW HOURS** Doors Open at 4 pm **NEW HOURS**  
TICKET SALES AT 5:00 PM  
Early Birds at 6:00 pm Regular Games at 6:15pm

**\$1225 PAYOUTS ON EARLY BIRDS AND REGULAR GAMES**

.....PLUS.....

**NEW GAMES!! LOWER PRICES!!**

**Double Action**

**Odd/Even Blackout**

**MONEY BALL**

**Betty Boop**

Total Nightly Payouts up to \$4000

**\$1,000 Progressive Jackpot**

**KING & QUEEN BINGO PAYOUTS**

**DINNER SPECIALS \$8.00 4:30 TO 5:30 PM**

**Door Prizes**

**CELEBRATE YOUR BIRTHDAY WITH US AND RECEIVE A FREE PROGRESSIVE TICKET**



### Irish Bingo

Hey, if it bothers you that I'm not wearing green, just pin a twenty-dollar bill to my shirt.  
—Crabby Maxine

Best of luck to you, Go n-eiri leat, as the Irish might say. You've probably heard St. Patrick drove snakes out of Ireland? Surprise, there have never been snakes in Ireland or signs of snakes in the country's fossil record. Water has surrounded Ireland since the last glacial period and before that, the region was covered in ice and too cold for reptiles. My husband thinks Ireland would be a great place to live as he hates snakes. Once my father and he went for a walk behind my parents' farmhouse. Not ten minutes later, I heard both screaming and laughter. They had encountered a small garter snake and that was it for Robert. He ran lickety-split back towards the yard yelling killer snake at jet engine decibels. Dad and I laughed till tears ran down our cheeks. Robert didn't appreciate our humor. My loveable husband of Irish descent always wears orange on March 17th to honor his Protestant heritage; not green, which signifies Catholic heritage. Surprise, he and many others don't know that in 1783 blue was designated as Ireland's official color because St. Patrick was usually depicted wearing blue.

Next surprise, Robert loves corned beef and cabbage, a traditional Irish dish. Me, I can't stand the smell as it cooks. Though cabbage has long been considered an Irish food, corned beef has only been associated with St. Patrick's Day since the early 20th century. Irish immigrants living in New

York learned from their Jewish neighbors about substituting cheaper corned beef for Irish bacon to save money. My taste buds tell me that it was a bad switch but eat what you like, and I'll do the same.

Next, the St. Patrick's Day tradition of pinching those not wearing green. Robert and I wear orange, so we are frequent targets for pinch crazy lunatics searching for non-conformists like us. While teaching, I handled this with my students by stamping cheeks or hands of those who were green-less with a washable green shamrock. Problem solved, no tears. This pinching tradition stems from Irish folklore about lobaircin—leprechauns. Supposedly, people wearing green are invisible to them, but they can see and enjoy pinching those not wearing green. To avoid their pinches, carry a 4-leaf clover to warn them away.

In Ireland, March 17 is a religious holiday with all pubs closed. Here we drink green beer, wear green, go pinch crazy, and generally behave like inebriated apes. An alternative to such tomfoolery is to ask your local bingo to play a few games of Irish bingo. Everyone gets one bingo paper and the game begins with players standing. Numbers are called and players must sit down if that number is on their card. The game ends when there is only one person left standing and she/he wins whatever.

You may enhance your luck on these games and otherwise by drowning a shamrock in whiskey. Put a live non-paper shamrock into a glass of whiskey, then make a toast to Ireland. Down it in one go, then toss the soggy shamrock over your left shoulder. Good luck will find you. Or the soggy shamrock will hit someone in the face who will not be amused. Until next month, may Lady Luck blow you kisses as you dance out the door with dollars. Win big. Contact: nlpvzw6172@gmail.com



\* "Want to keep your pants from creasing on the hanger? Grab an empty paper towel tube, and slit it down the side. When you slip it over the bottom of the hanger, it creates a curve for the pants to lie across, and no more crease!" — *M.U. in Colorado*

\* To prevent candle wax from sticking to a candleholder, swipe the inside with a little olive oil. It'll do the trick!

\* Just in time for soup season (and my new year's resolutions), here's a great fat swap: Drain and rinse two cups of white beans and puree with a cup of no-sodium vegetable broth. You can use this as a thickener in place of heavy cream for soups and stews.

\* Experts say that those who write down or journal their nutrition and exercise are more likely to keep it up. This can be as simple as a pencil and notebook paired with a calorie guidebook or one of the many great apps for your smartphone. In any case, set yourself up for success this year. You deserve it!

\* "Cutting corn off the kernel can be tricky business, but you only need to recruit the right equipment. The next time you're making corn for dinner, grab a Bundt pan. The corn gets set upright in the center and you cut down. The corn falls right into the pan on all sides." — *A.S. in Texas*

\* A can opener's crevices can be cleaned by "opening" a length of waxed paper. Kitchen scissors can be sharpened by folding a piece of aluminum foil and cutting it with the scissors.



7750 E. Broadway Road  
Mesa • 480-984-1111

More Games & Bigger Payouts

Playing Bingo Every Monday at 6:30pm

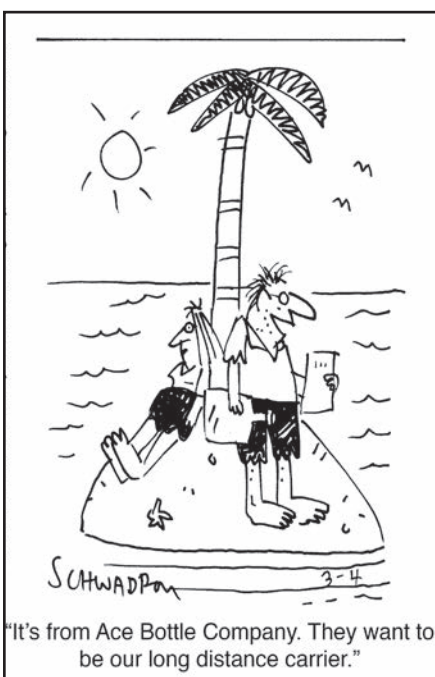
SNACK BAR

Double Action Bingo

Money Ball Jackpot

Early Birds

\$1,000 Progressive Jackpot



# GUARANTEED

## \$1000 Every Session



### BINGO SESSIONS

MONDAY 11:30 AM

Doors open at 10 AM

WEDNESDAY & FRIDAY 6:30 PM

Doors open at 5 PM

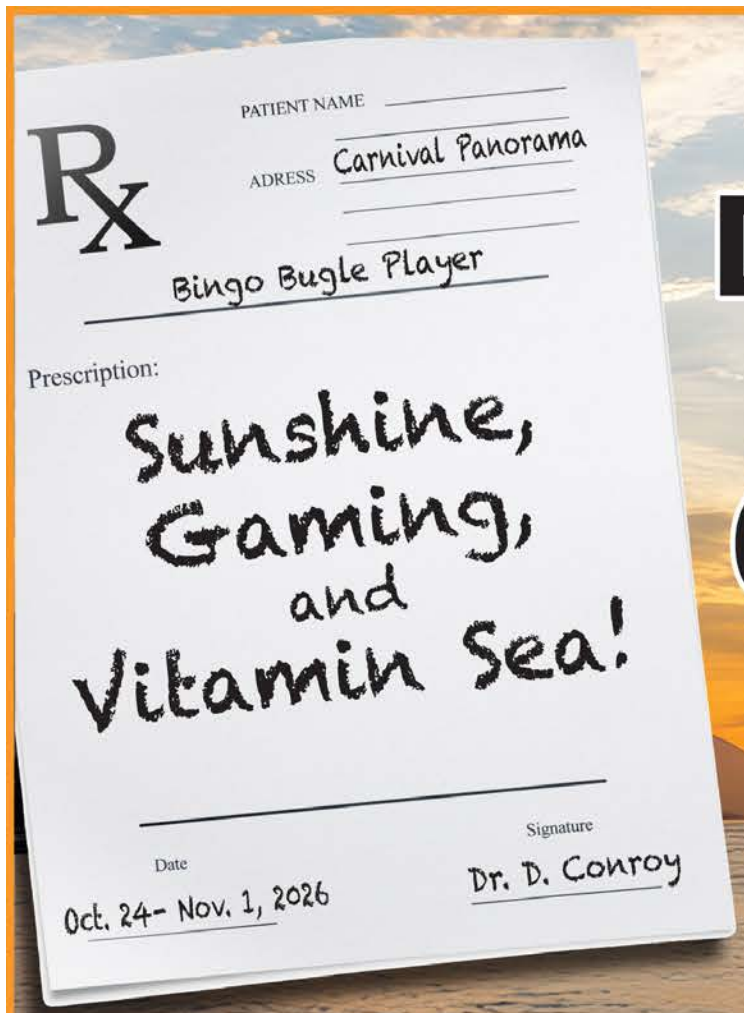
Bingo packs start at \$20!  
Includes Early Bird, Main Pack, Double Action and the Money Ball!

Money Ball up to \$800!  
One per session  
Additional packs and Bingo gift certificates available!



CHAPTER 20  
8447 N 61<sup>st</sup> Ave  
Glendale, AZ 85302  
623-931-7320

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 THE ONLY...  
 THE ORIGINAL...**



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OUR THIRTY-SEVENTH YEAR of experience guarantees that the Bingo Bugle knows just how to bring you the best of Bingo. Our courteous, friendly and experienced staff members offer early-bird Bingo and special games in addition to the World Championship Tournament games.



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 MEXICAN RIVIERA**

SAILING FROM LONG BEACH (Los Angeles), CA.

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**OCTOBER 24 -  
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 MORE THAN  
 \$100,000  
 IN CASH  
 PLUS A FREE CRUISE!**

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**Celebrate Together**

Dear Guy,

I have had an amazing run of good luck at Bingo recently. Unfortunately, I think it has caused a little friction between me and my Bingo buddies.

At first I was all "Woo-hoo!" and "Eat my dust!" when I won two pots in one night. They laughed and were pretty cool about it. Then a couple weeks later I won a big pull tab and split another pot. I did my "Woo-hoo!" thing again, but this time they all kind of just half smiled and didn't say too much.

So now I'm stumped. Are they mad because I made too big of a deal about winning? Are they jealous because I won and they didn't? Shouldn't I be able to be as excited as I want to when I win at Bingo? Or am I supposed to be all ho-hum and pretend like it's no big deal?

—Big Bucks in California

Dear Big Bucks,

It's a tricky business when you hit a winning streak at Bingo and your buddies have to sit there and watch it happen. If these guys are truly buddies, then they should be happy you're winning. If they act otherwise, it's either because they may not be the friends you thought they were, or—and I'm leaning toward this second observation as the right one—you may have celebrated your winnings just a little

too forcefully and ticked them off.

Did you simply act happy at your good fortune, or did you rub their noses in it? Was it really just a generic "Woo-hoo!" or was it more of a "Woo-hoo, check it out losers, I rule and you drool!" If the latter was the case, then what you did was squander their opportunity to be happy for you by making them annoyed by your behavior. Put simply, you were a poor winner.

In a group competition like Bingo, where there is typically only one winner, it's very important to be gracious when you win. Remember, in the process of your winning, 150 other people lost.

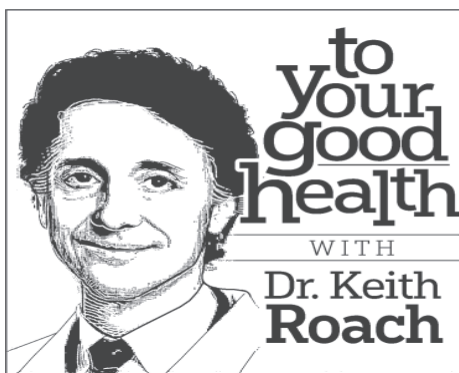
Of course, it's OK to be excited—you know how funny it is to watch someone lose control of themselves and scream or laugh or do their version of the happy dance when something exciting happens to them. But you should also know how annoying it is when someone turns a win into some kind of victory and everyone else's defeat. I believe the phrase you used was "Eat my dust." You're basically kicking dirt in their faces and expecting them to enjoy it. Not gonna happen.

And so, Big Bucks, my advice is to enjoy your winning streak, and encourage your Bingo buddies to enjoy it WITH you, by letting them be part of the excitement of your win and not victims of it.

Sure, they're going to be a little jealous. Heck, the whole Bingo hall is. Be joyful but try not to make their envy any worse.

—Guy

Hey guys! (And gals!) Write to: Guy's Turn c/o The Bingo Bugle, P.O. Box 527, Vashon, WA 98070, or e-mail the editor at tara@bingobugle.com. Be sure to include your name and address (you may request that your name not be published), as typically Guy will not include anonymous letters in his columns.



I was experiencing hoarseness while taking ibuprofen. A friend got intestinal bleeding due to taking it. My doctor gave me 7.5 mg of meloxicam daily, but I'm not sure it's OK for long periods of time. I'm 73 with osteoarthritis and osteopenia. I exercise daily and eat a healthy diet, and I have high blood pressure that is controlled with losartan and amlodipine. — T.M.H.

**ANSWER:** Ibuprofen is generally a safe drug, but it does have the potential for side effects — some of them being serious. Gastrointestinal bleeding is a serious one, and it is most common in older women. I would not try a second nonsteroidal anti-inflammatory drug (NSAID) like meloxicam in a person who has a history of serious bleeding with any other similar drug.

Hoarseness could be due to an allergy, due to direct irritation of ibuprofen on the throat, or from the worsening of acid reflux, which can cause hoarseness if acid gets all the way into the throat.

Meloxicam is also an NSAID but is chemically in a different class from ibuprofen (Motrin, Advil and others) or naproxen (Aleve and others), which are closely related. It's reasonable to give it a try, but if it causes hoarseness again, then an NSAID probably isn't a good choice for your arthritis. You could consider acetaminophen (Tylenol) or topical NSAIDs, which do not get absorbed enough to cause an increased bleeding risk.

**Veterans Post**



**Raising puppies**

If you're looking for a project that will provide big benefits to a disabled veteran, you can do no better than to raise a puppy.

Yes, a puppy. A small, young dog.

Puppies who end up as service dogs for disabled veterans aren't born that way. They need a solid first year of socializing and basic obedience, and that's where you come in, should you want to take on this worthwhile project.

Take a look at [www.guidedog.org/puppy](http://www.guidedog.org/puppy) for an explanation of what is expected. If accepted as a puppy raiser, you would receive a very young puppy and spend the next year getting it socialized and used to different environments, with good house manners and basic obedience, and exposed to various situations to give it confidence.

If you're not sure you can commit to such a long project, see the link above for other possibilities: short-term fostering to provide socialization opportunities for the puppy, co-raising with another individual or family, and in some states there is a prison puppy program that has inmates raise and train the dogs during the week before handing them over to weekend volunteers who provide experiences outside of the prison walls.

Your next step is to go online to search for groups near you that provide trained dogs to veterans in need. Contact them to ask about becoming a puppy raiser. (For more incentive, see [www.vetdogs.org](http://www.vetdogs.org) for the list of states where weekend volunteers are needed now.)

If you love dogs, perhaps the hardest part of the whole project will be to give up the dog at the end of its time with you when it goes on to its official training to be a service dog for a specific veteran in need. But you'll console yourself knowing just how valuable your efforts have been in giving a good start to a dog that will be a life-changer for a veteran.



By Samantha Weaver

\* Giraffes have no vocal cords but can still communicate with low-frequency sounds.

\* In 1926, Clyde Barrow, of Bonnie and Clyde fame, was arrested with his older brother Buck for possession of a truckload of stolen turkeys.

\* The first recorded cookbook was written in cuneiform on tablets in ancient Babylon around 1700 B.C.

\* Gioachino Rossini's aria "Di tanti palpiti" was known throughout Europe as "the rice aria," since it was composed while he waited in a Venice restaurant for his risotto to cook.

\* Sunsets on Mars are blue.

\* Studies have suggested that the average human attention span is now about nine seconds, shorter than that of a goldfish.

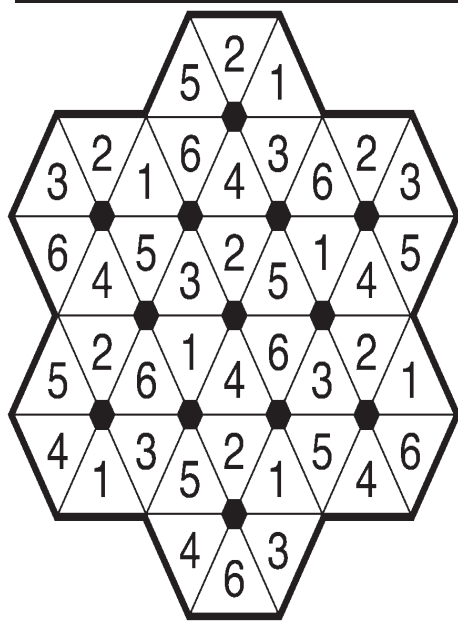
\* In 1820, Missouri imposed a \$1 bachelor tax on unmarried men ages 21-50. The short-lived law was designed to encourage marriage, population growth and family establishment in the new state.

\* Detachable heads were used on Roman statues.

\* The first U.S. submarine was a hand-cranked, pedal-powered wooden craft from the Revolutionary War dubbed "the Turtle."

\* Astronauts sent to space can experience a kind of motion sickness known as space adaptation syndrome, or space sickness, with the most notable case inflicting former senator Jake Garn, whose bout was so disabling that his name became used as an informal measurement for the illness.

**SNOWFLAKE ANSWERS**



**Crossword Answers**

M	A	P		L	E	A	P		X	E	N	A	
A	D	A		A	R	I	A		A	D	O	G	
T	O	P	S	T	O	R	Y		N	A	V	E	
			E	A	T	S			M	A	M	A	S
D	I	R	G	E				P	L	E	D		
I	N	C	A		P	O	P	M	U	S	I	C	
S	T	U		S	A	R	G	E		T	O	O	
C	O	P	A	P	L	E	A		C	A	T	S	
				M	I	S	S		L	A	N	A	I
O	C	E	A	N				S	U	R	F		
D	I	A	Z		H	O	P	A	L	O	N	G	
D	A	R	E		A	L	O	U		R	E	O	
S	O	L	D		M	E	T	S		D	E	B	

**SUNLAND VILLAGE**

**Open to the Public!!**  
Greenfield Road between Southern & Broadway  
480-832-9003

**Thursday Bingo Hours**  
Cards Sold at 4:30pm  
Games Start at 6:30pm

**THE HOT DOG COMBO IS BACK!!**

**\$100 Regular Games**  
(Based on Attendance)  
**\$550, \$650 or \$750 Betty Boop**  
5 Other  
**LARGE PRIZE**  
Games Weekly!

**Concessions Available**

**BRING YOUR FRIENDS FOR A FUN NIGHT OF BINGO!!!**



Karyn won the Betty Boop game at Sunland Village winning \$550.

**American Italian Club**  
7509 North 12 st.  
Phoenix Arizona 85020

**Free dauber on  
March 13 2026**

**\$1000.00-Coverall**

Wednesday and  
Friday's-6:30p.m  
Sunday's-1.00p.m.

**Sunland Village East**

**SUNDAY BINGO**  
DOORS OPEN AT 3:00 PM  
CARDS SOLD AT 3:30 PM  
GAMES START AT 5:00 PM

	LILY	
BASELINE		LAKEVIEW
	Sossaman	

**ALL NEW GAMES!!**

**Regular Games Can Payout \$140**  
(Based on Attendance)  
**\$1000 Progressive Coverall  
Now With \$300 Consolation**

**BETTY BOOP**  
70% Up To \$700  
80% Up to \$800  
90% Up To \$900  
**CHANCE TO WIN BIG 3 TIMES EACH SUNDAY!!**

**HOT & COLD CONCESSIONS AVAILABLE**

**Baseline Road, east of Sossaman**  
909-816-8983  
svebingo21@gmail.com

# DEAR AUNT BINGO

by Bonnie Mitchell

## Keeping Tabs on Tabs

Dear Aunt Bingo,

One of our local Bingo halls has started not showing what prizes are still available for pull tabs, and for coin and 13 boards they are not showing how many winning numbers have been signed up for. I understand that they are trying to get people to buy tickets even if there is only one prize remaining, but I don't think it's right to hide that information, as I think anyone buying those tickets should have an idea of their odds of winning when they purchase tickets. Is there anything in the rules that requires them to disclose this information? This one hall is the only place that does this. I have stopped buying them because I may be purchasing a ticket that has absolutely no chance of winning.

—MMR, via e-mail

Dear MMR,

You are not the first player to voice such

a concern. And I have sat in more than a few Bingo halls with players grumbling that the management refuses to introduce a new pull-tab series until a major portion of an old series has been sold—regardless of how few prizes remain.

Between you and me, I kind of keep an eye on it myself, and if a series seems to be played out, I'll stop buying until a new series begins. That said, I've been skunked a couple of times by not buying into pull tab series I thought were done, only to see a \$1,000 prize go to someone else. That hurt!

I'm glad you appreciate that most halls are selling these pull tabs to make money for charity, and of course would like to sell as many as possible before starting a new series. I'm afraid I do not know what the specific laws are governing sale of pull tabs as they vary from state to state; I do know that sellers are generally required to track wins and mark off the prizes as they are won on the flare (poster) for the game, particularly of prizes over \$20; and that each state has regulations in places as to when a series can be pulled.

But I suspect that all the hall is really doing is trying to do its best to make as much money as possible from each series. (Readers: feel free to share your thoughts on this topic.) —Aunt Bingo

Write to Aunt Bingo c/o the Bingo Bugle, P.O. Box 527, Vashon, WA 98070, or email her editor at tara@bingobugle.com. Be sure to include your name and address (you can request your name not be published), as typically she will not include anonymous letters in her columns.



Jan won the Double Action game, at the Arizona American Italian Club, and won \$200.



including Marv Albert, Mike Tirico, Dick Stockton, Sean McDonough and Ian Eagle — with distinguished careers in sports media?

6. What two college football teams play for the Old Brass Spittoon rivalry trophy?

7. Name the Basketball Hall of Famer and Portland Trail Blazers head coach who was arrested in October 2025 as part of an investigation into rigged sports gambling and poker games.

### QUESTIONS

1. Which Hockey Hall of Famer and four-time Stanley Cup champion may be best known for the Canadian donut shop chain he cofounded in 1964?

2. Which NFL head coach compiled a 34-46 regular-season record with the Dallas Cowboys (1998-99) and Buffalo Bills (2010-12)?

3. What horse racing facility in Hallandale Beach, Florida, hosted the Breeders' Cup in 1989, 1992 and 1999?

4. What international agreement, signed in 1981, requires all member countries to protect the International Olympic Committee's five interlocking rings logo from unauthorized commercial use?

5. What university is known as "Sportscaster U." for its many alumni —

### ANSWERS

1. Tim Horton.
2. Chan Gailey.
3. Gulfstream Park.
4. The Nairobi Treaty on the Protection of the Olympic Symbol.
5. Syracuse University.
6. The Indiana Hoosiers and Michigan State Spartans.
7. Chauncey Billups.



# AT THE EDGEWATER

## CONGRATULATIONS BINGO WINNERS



**CAROLYN D.**  
MOHAVE VALLEY, AZ  
**\$4,636**  
2ND CHANCE CASHBALL



**LESLIE K.**  
FORT MOHAVE, AZ  
**\$4,427**  
BIGGER BINGO COVERALL



**LAURIE F.**  
LAUGHLIN, NV  
**\$2,749**  
BINGO CASHBALL

**B I N G O**

*St. Patrick's Day*  
**GIFT GIVEAWAY**

**TUESDAY, MARCH 17**



**TOWEL SET WITH \$10 BUY-IN**

While supplies last. Actual gift may vary.

**B I N G O**

**VGK**

**VIP SUITE GIVEAWAY**

**NOW - MARCH 19**

**EARN ONE DRAWING TICKET FOR EVERY \$25 BUY-IN**

**GRAND PRIZE DRAWING MARCH 20**

Visit Edgewater-Casino.com for more information

**BIGGER BINGO COVERALL  
MULTI-LOCATION JACKPOT**

Win up to 100% of the progressive jackpot in 55 numbers or less from **\$10,000 and growing.**

**DOUBLE PROGRESSIVE JACKPOT**

Play this always-changing progressive that increases until it's hit!  
Jackpot progresses to 35 numbers or until won with a consolation of \$200 per session. **Jackpot starts at \$10,000.**

Play for \$1 per card (maximum of 30).

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## EDGEWATER

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Standard bingo room rules apply. Available at all sessions – unless noted otherwise. See the bingo room for details. Management reserves all rights.

**PARADISE VALLEY BINGO**  
**17402 N 40<sup>TH</sup> STREET, PHOENIX**  
**NOW PLAYING EVERY TUESDAY & THURSDAY**  
**COME JOIN US & WIN!!**

**FIRST 10 GAMES PAY \$160 EACH**  
**ON THE 3<sup>RD</sup> THURSDAY EACH MONTH**

**PRIZE MONEY UP TO \$1000**    **BINGO STARTS AT 1:00 PM**    **MIN. FEE TO PLAY \$11**  
**WE START SELLING BINGO PACKETS AT 12:15 PM**

**602-495-3785**



Marilyn picked up a win at Paradise Valley Senior Center winning \$160.



Congratulations to Faith who won the \$1,000 jackpot at Knights of Columbus 3121

**Knights of Columbus**  
**3121 BINGO**  
**644 E. Chandler Blvd.**  
*Chandler-Gilbert area*  
**(480) 963-4372**  
**Thursday 6:45**  
 Doors open at 5 pm



**CHECK OUT OUR NEW MONITORS**  
**\$24 to Play**    **Lighted Parking Security**  
**all games**    **(MoneyBall sold separately)**

**\$1000 Progressive Jackpot**  
**\$500 Money Ball**    **Great Snack Bar**

**Hall rental available 480-963-4372**

**American Legion Auxiliary 44**  
**7145 E. 2nd Street ♦♦♦ Scottsdale, AZ**  
 (Old Town)  
**480-941-9053**

**Monday Afternoon Bingo at 3pm**    **NEW GAMES**

**Bar Bingo**  
**Thursday Evening 6:30pm**  
**Sunday Afternoon 2:00pm**

**Drinks/Snack Bar ♦♦♦ Non-Smoking Facility**  
 ♦♦♦Hall Available for Events♦♦♦



Bonnie won the progressive coverall, at American Legion Post 44, and picked up \$525!



Mary, Lisa and Betty were playing at Fountain of the Sun.

**FOUNTAIN OF THE SUN BINGO**  
**560 S. 80<sup>TH</sup> STREET, MESA**  
 (BROADWAY & SOSSAMAN)  
**480-380-4000**

**Tuesday Night Bingo**  
**6:30pm Start**

**16 Games, with several new games, including Betty Boop, Dual Action and the last game of the night will be a Progressive Coverall game with a Payout of \$1000**

**Food Sales from 4:30 to 5:30 pm**

# LUCKY YOU... IT'S BINGO!

March is your lucky month –  
every seat, every game, every session!

No gimmicks. No extras. Just pure BINGO ENERGY!  
Join the fun all March long. Grab your lucky charms  
and play with your Harrah's Ak-Chin Bingo Squad!

**THURSDAYS**  
Free Slot Play  
Drawings  
**FRIDAYS**  
Half Off Electronic  
Packages



# Harrah's

AK-CHIN CASINO

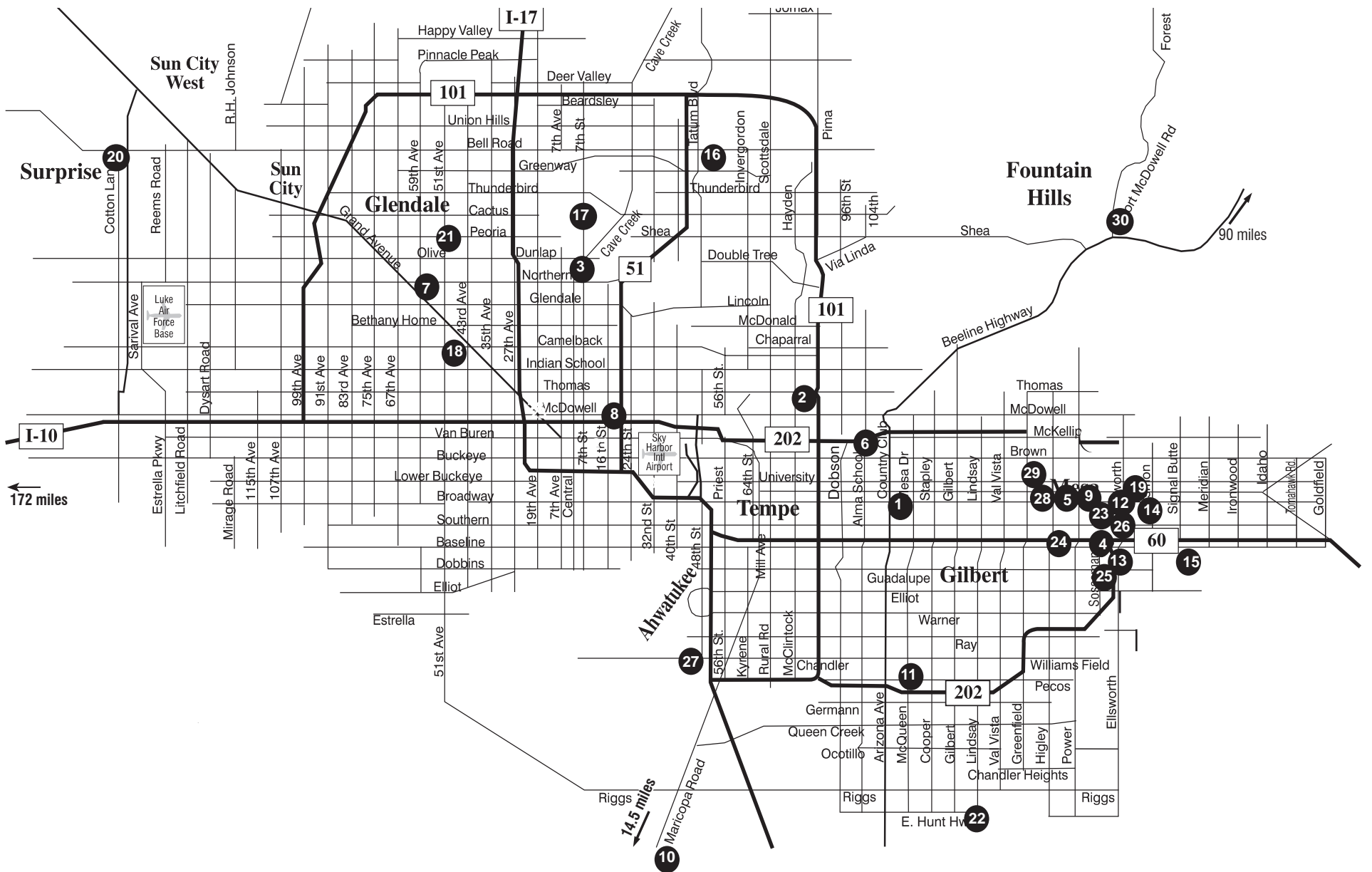


CAESARS  
REWARDS.

Must be 21 years of age or older. Know When To Stop Before You Start.® Gambling Problem? Call 1-800-NEXT STEP or text "NEXTSTEP" to 53342.  
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 **PAVE YOUR WAY  
TO PLAY!**

# PHOENIX METROPOLITAN AREA MAP



**Pablo J Cortez American Legion Post 26**

## BINGO

**Playing Schedule**  
 Sundays at 1pm (doors open at 11am)  
 Friday at 6:45pm (doors open at 5pm)

**\$1,000 & BETTY BOOP**

1st Pack \$14 • 2nd Pack \$7 • 3rd Pack \$3

**No Regular Game Under \$100!**  
 16 Games • \$150 Games

**MONEY BALL JACKPOT**  
 Bingo on special number (set in game 8)  
 and win the Moneyball Jackpot

**New State of the Art Bel Air Video King Machines**

Friendly Down Home Atmosphere - Better Odds of Winning!

**American Legion Kitchen....Daily Specials!!!**

Smoking Room for Members Only  
**505 W. 2nd Avenue in Mesa • (480) 834-9769**  
 Hall available for rent!



Pauline won a nice game at American Legion Post 26.



Barbara won \$120 and the \$880 Money Ball at St Helens. Raymond presented her with her winnings.

**FRIDAY NIGHT BINGO AT**

## St. Helens

**5510 W. Cholla**  
 (between Peoria & Cactus)  
 623 • 556 • 3029

**Friday Night 6:45pm**

**We Now Have The MONEYBALL** Non-Smoking Game  
 Top Prize \$880!!

**\$1,000 Jackpot**  
 51 numbers or less

**Double Action Bingo**

Large Screen Monitor  
 Air Conditioned All Paper Games  
 Knights of Columbus Snack Bar

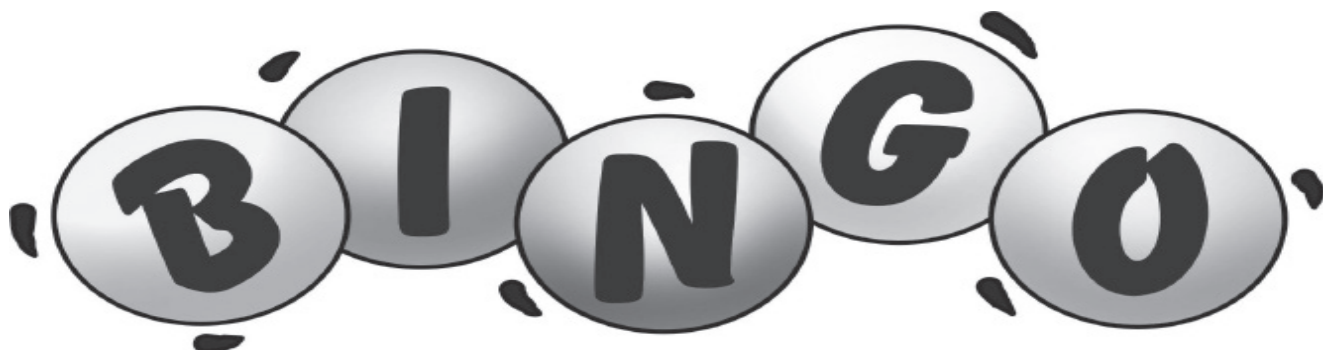
**CLOSED GOOD FRIDAY APRIL 3RD**

# GAME SCHEDULE



# BINGO BUGLE

LOCATION	PHONE	MON.	TUES.	WED.	THURS.	FRI.	SAT.	SUN.
<b>1 AMERICAN LEGION POST 26</b> 505 W. Second Ave., Mesa	(480) 834-9769					6:45 pm		1:00 pm
<b>2 AMERICAN LEGION POST 44</b> 7145 E. 2nd St. Old Town Scottsdale	(480) 941-9053	3:00 pm			Bar Bingo 6:00 pm			Bar Bingo 2:00 pm
<b>3 ARIZONA AMERICAN ITALIAN CLUB</b> 7509 N.12th St. Phoenix	(602) 975-8294			6:30 pm		6:30 pm		1:00 pm
<b>4 BRENTWOOD SOUTHERN</b> 8103 E. Southern, Mesa	(480) 878-2125	6:30 pm						
<b>5 CARRIAGE MANOR</b> 7750 E Broadway, Mesa	(480)984-1111	6:30 pm						
<b>6 CASINO ARIZONA</b> 101 @ McKellips	(480) 850-7777	12:30 pm 6:30 pm	12:30 pm 6:30 pm	12:30 pm 6:30 pm	12:30 pm 6:30 pm	12:30 pm 6:30 pm 12 Midnight	12:30 pm 6:30 pm 12 Midnight	12:30 pm 6:30 pm
<b>7 D.A.V. CHAPTER 20</b> 8447 N. 61st Ave., Glendale	(623) 931-7320	11:30 am		6:30 pm		6:30 pm		
<b>8 DEVONSHIRE SENIOR CENTER</b> 2802 E. Devonshire, Phoenix	(602) 256-3130		1:15 pm		1:15 pm (TEMPORARILY CLOSED)		12:30 pm	
<b>9 FOUNTAIN OF THE SUN BINGO</b> 560 S., 80th St., Mesa	(480)380-4000		6:30 pm					
<b>10 HARRAH'S AK-CHIN CASINO</b> 15406 Maricopa Rd., Maricopa	(480) 802-3303		EB11:30 am 2:30pm.,3:45pm EB 6:30 pm	EB11:30 am 2:30pm.,3:45pm EB 6:30 pm	EB11:30 am 2:30pm.,3:45pm EB 6:30 pm	EB11:30 am 2:30pm.,3:45pm EB 6:30 pm	EB11:30 am 2:30pm.,3:45pm EB 6:30 pm	EB 11:30 am 2:45 pm
<b>11 KNIGHTS OF COLUMBUS 3121</b> 644 E. Chandler Blvd., Chandler	(480) 963-4372				6:45 pm			
<b>12 LAS PALMAS</b> 215 N. Power Rd., Mesa	(480)396-2172			6:00 pm				
<b>13 LAS PALMAS GRAND</b> 2550 S. Ellsworth Rd., Mesa	(480) 357-1148	6:00 pm						
<b>14 MONTE VISTA</b> 2206 S Ellsworth, Mesa	(970) 520-3217					6:00 pm		
<b>15 PALMAS DEL SOL EAST</b> 3400 S Ironwood, Apache Junction	(480)983-4084		6:30 pm					
<b>16 PARADISE VALLEY SENIOR CENTER</b> 17402 N 40th, Phoenix	(602)495-3785		1:00 pm		1:00 pm			
<b>17 PHOENIX ELKS 335</b> 14424 N 32nd St.			6:30 pm		(TEMPORARILY CLOSED)			
<b>18 PHOENIX WEST ELKS</b> 5525 W. Colter St. Glendale			6:45 pm					25¢ Bingo 9:30 am, 12:45 pm
<b>19 RESORT, THE</b> 1101 S Ellsworth, Mesa	(623) 930-1810				6:00 pm			
<b>20 RIVERBOAT BINGO</b> 18300 W. Bell Rd., Surprise		6:30 pm	11:00 am 6:30 pm		11:00 am 6:30 pm	6:30 pm	1:00 pm 6:30 pm	1:00 pm 6:30 pm
<b>21 ST. HELEN'S BINGO</b> 5510 W. Cholla Rd., Glendale	(623) 556-3029					6:45 pm		
<b>22 SANTAN MOUNTAIN CASINO</b> 7101 S Gilbert Rd. @ Hunt Hwy Chandler	(800) 946-4452	12 pm 5:30 pm 6:30 pm	12 pm 5:30 pm 6:30 pm	12 pm 5:30 pm 6:30 pm	12 pm 5:30 pm 6:30 pm	12 pm 5:30 pm 6:30 pm	12 pm 5:30 pm,6:30 pm 11:30 pm	12 pm 5:30 pm 6:30 pm
<b>23 SILVERIDGE RESORT</b> 8265 E Southern, Mesa	(480)373-7700			6:15 pm				
<b>24 SUNLAND VILLAGE</b> Greenfield Rd. between Southern & Broadway	(480)832-9003				6:30 pm			
<b>25 SUNLAND VILLAGE EAST</b> Baseline Rd. E. of Sossaman, Mesa	(909) 816-8983							5:00 pm
<b>26 VALLE DEL ORO</b> 1452 S Ellsworth, Mesa	(480)357-2001		6:00 pm					
<b>27 VEE QUIVA</b> 15091 Komatke Ln, Laveen	(800)WIN-GILA	12 pm 5:30 pm 6:30 pm	12 pm 5:30 pm 6:30 pm	12 pm 5:30 pm 6:30 pm	12 pm 5:30 pm 6:30 pm	12 pm 5:30 pm 6:30 pm	12 pm 5:30 pm 6:30 pm	12 pm 5:30 pm 6:30 pm
<b>28 VENTURE OUT BALLROOM</b> 5001 E Main, Mesa	(480) 832-9000				6:00 pm			
<b>29 VELDA ROSE</b> 5555 E. Aspen, Mesa						6:30 pm		
<b>30 WE-KO-PA CASINO</b> North of Shea, off Beeline Hwy	(602) 843-3678	12:00 pm 6:30 pm 10:30 LB	3:30 pm DLB 6:30 pm	3:30 pm DLB 6:30 pm	12:00 pm 6:30 pm 10:30 LB	12:00 pm 6:30 pm 10:30 LB	12:00 pm 6:30 pm 10:30 LB	12:00 pm 6:30 pm 10:30 LB



Just in time for a.....

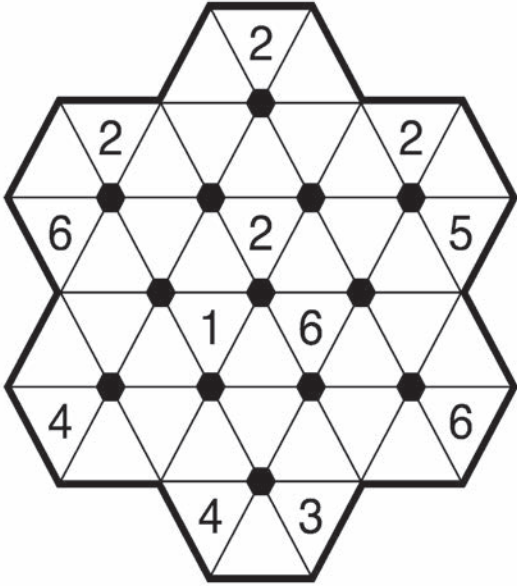
# Coffee Break



## SNOW FLAKES

Answers on Page 11  
by Japheth Light

There are 13 black hexagons in the puzzle. Place the numbers 1 - 6 around each of them. No number can be repeated in any partial hexagon shape along the border of the puzzle.



**DIFFICULTY THIS WEEK:** ◆◆◆◆  
◆ Easy ◆◆ Medium ◆◆◆ Difficult

## Amber Waves

by Dave T. Phipps



## The Spats

by Jeff Pickering

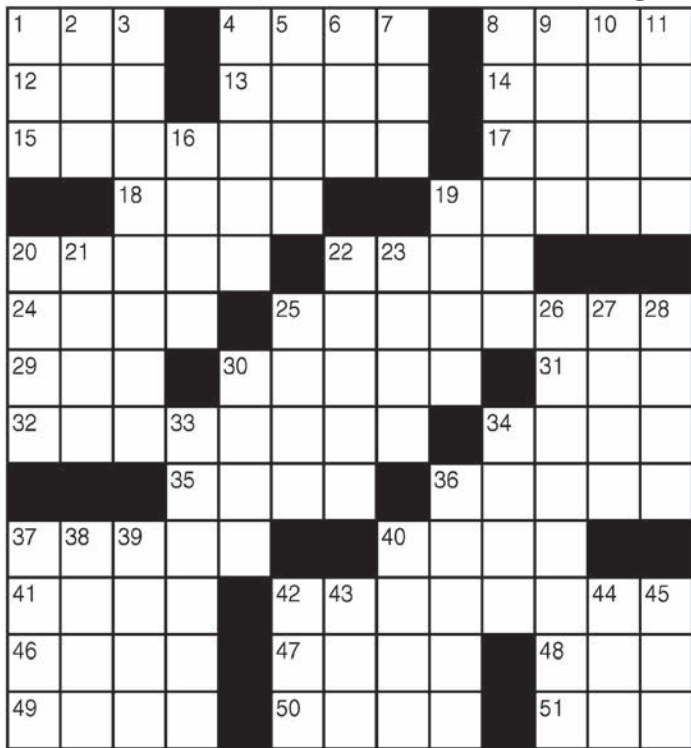


## KING CROSSWORD

Answers on Page 11

### ACROSS

- 1 Atlas page
- 4 Act of faith?
- 8 TV's "Warrior Princess"
- 12 Oklahoma city
- 13 Operatic solo
- 14 Sick as —
- 15 Newscast opener
- 17 Cathedral area
- 18 Vittles
- 19 Half of a '60s group
- 20 Sad song
- 22 Begged
- 24 Early Peruvian
- 25 Taylor Swift's genre, say
- 29 R-V link
- 30 Beetle



- |                         |                     |                          |                            |
|-------------------------|---------------------|--------------------------|----------------------------|
| 31 Bailey's boss        | baseball            | 7 Salary                 | 28 Mozart's " — fan tutte" |
| 32 As well              | 48 Old Olds         | 8 Idyllic place          | 30 Whirl                   |
| 33 Bargain for leniency | 49 Auctioneer's cry | 9 Dutch cheese           | 33 Stunned                 |
| 34 Felines              | 50 Citi Field team  | 10 Bright star           | 34 Sagan or Sandburg       |
| 35 Fail to see          | 51 Society newbie   | 11 Mellows               | 36 Waikiki wing-dings      |
| 36 Island porch         |                     | 16 Long tale             | 37 Probability             |
| 37 Neptune's realm      |                     | 19 Viral Web phenomenon  | 38 Pisa farewell           |
| 40 Ride the waves       |                     | 20 Platter               | 39 British noble           |
| 41 Actress Cameron      |                     | 21 Division word         | 40 Espy                    |
| 42 Cowboy Cassidy       |                     | 22 Sweat outlets         | 42 Deli meat               |
| 46 Challenge            |                     | 23 Women's links org.    | 43 Flamenco cheer          |
| 47 Matty of             |                     | 25 Buddies               | 44 Born abroad?            |
|                         |                     | 26 Silicon Valley school | 45 Sailor                  |
|                         |                     | 27 Teeny bit             |                            |

### DOWN

## HOCUS - FOCUS



Find at least six differences in details between panels.



Differences: 1. Hut is taller. 2. Laces are missing. 3. Crate is different. 4. Cloud is lower. 5. Reel is lower. 6. Fishing line is different.

# It's Bingo Time, Y'all!

## GILA RIVER RESORTS & CASINOS – SANTAN MOUNTAIN

**MATINEE**  
DAILY | 12PM

**MINI**  
DAILY | 5:30PM

**EVENING**  
DAILY | 6:30PM

MARCH						
SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
1 7 DAYS & 7 NIGHTS 2ND CHANCE BINGO TRIPLE POINTS	2 BOGO	3 SENIOR DAY	4 BONUS PACKS	5 BONUS PACKS	6 BONUS PACKS	7 TRIPLE POINTS
8 2ND CHANCE BINGO TRIPLE POINTS	9 BOGO	10 SENIOR DAY	11 BONUS PACKS	12 BONUS PACKS	13 BONUS PACKS	14 LOYALTY LOOT TRIPLE POINTS
15 2ND CHANCE BINGO TRIPLE POINTS	16 BOGO	17* SENIOR DAY	18 BONUS PACKS	19 BONUS PACKS	20 BONUS PACKS	21 TRIPLE POINTS
22 2ND CHANCE BINGO TRIPLE POINTS	23 BOGO	24 SENIOR DAY	25 BONUS PACKS	26 BONUS PACKS	27 BONUS PACKS	28 LOYALTY LOOT TRIPLE POINTS
29 2ND CHANCE BINGO TRIPLE POINTS	30 BOGO	31 SENIOR DAY				

### 7 DAYS & 7 NIGHTS

#### MATINEE AND EVENING

Player's Club Members receive 1 drawing ticket per buy-in during Matinee and Evening Sessions on Sunday, March 1, 2026. The drawing will be held for both the Matinee and Evening Sessions. There will be 3 winners for each session. Each winner will receive one free Emerald Bingo Package for 7 Matinee and 7 Evening Sessions in March. Packages are non-transferable and valid only in March 2026. All standard bingo rules apply.

### SATURDAY & SUNDAY TRIPLE POINTS

#### MATINEE AND EVENING

All Player's Club Members will accumulate 3X the points earned from their bingo purchase.

### BOGO MONDAYS

#### MATINEE AND EVENING

Guests who purchase a Ruby Package or above will receive a second package free. Must use your Player's Club Card at the time of purchase to qualify. This special offer is available while supplies last. All bingo rules apply. Don't miss your chance to double the fun!

### WEDNESDAY, THURSDAY, & FRIDAY BONUS PACKS

#### MATINEE AND EVENING

For each purchase of a Ruby Package or higher, guests will receive 15 free Level 1 Bonus Packs to their electronic package. Guests must use their Player's Club Card at the time of purchase to qualify. Some limits apply. While Supplies Last. All bingo rules apply.

### SENIOR DAY 50+

#### MATINEE AND EVENING

Every Tuesday, use your Player's Club Card at the cashier and receive \$5 off your initial bingo purchase when you spend \$50 or more. Receive \$10 off your initial bingo purchase when you spend \$100 or more. One discount per session.

### 2ND CHANCE BINGO

#### MATINEE AND EVENING

All main games pay \$300 to the 2<sup>ND</sup> chance winner. Multiple winners will split the \$300 prize. The 1<sup>ST</sup>-chance winners are not eligible for the 2<sup>ND</sup> chance with the same card number. All bingo rules apply.

All bingo rules apply. \*While Supplies Last.



PlayAtGila.com | 800-WIN-GILA

Owned and operated by the Gila River Indian Community



7101 S. Gilbert Rd. Chandler, AZ 85249  
Southeast corner of Gilbert Rd. & Hunt Highway in Chandler

# PHOENIX WEST ELKS BINGO



**\$1,000 COVERALL!**

**25¢ Bingo beginning at 9:30 a.m. SUNDAY'S ONLY**

WITHIN THE 1<sup>ST</sup> 50 NUMBERS  
Tuesday at 6:45 pm Sunday at 12:45 pm

**Money Ball Game Payable on all Regular Games Including Coverall**

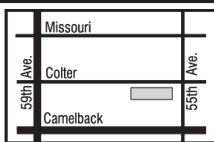
**Double Action Game**

**Two Smoke Breaks**

**Games Prizes will change based on the number in attendance**

**Come in the Week of your Birthday for a FREE Bingo Dauber**

5525 W. Colter  
(623) 930-1810



Hall available for Private Parties and Functions



# THE RESORT

## BINGO

1101 S. Ellsworth Rd • Mesa

**THURSDAY BINGO 6:00PM**

**A \$20 PACKET GETS YOU A 6-ON FOR ALL REGULAR GAMES PLUS ALL SPECIALS**

**A \$23 PACKET GETS YOU A 9-ON FOR ALL REGULAR GAMES PLUS ALL SPECIALS**

**MONEY BALL BETTY BOOP GAME PROGRESSIVE COVERALL**

**DINNER SERVED 4:15PM TO 5:30PM MEAL TICKETS IN ADVANCE FOR \$8.00**

**CARD SALES OPEN AT 5PM!**

**ADMISSION PACKS 6 CARDS \$10 OR 9 CARDS \$13**



Roberta won the Double Action game winning \$208. She and Meryl were playing at Phoenix West Elks.

## "SAVVY SENIOR"

YOU ASK THE SENIOR QUESTION

~ WE FIND THE SAVVY ANSWER

### Chair Yoga Beneficial for Older Adults

Dear Savvy Senior,

I've been hearing a lot about chair yoga lately. My New Year's resolution is to improve my health and get moving again, but I have trouble getting down on the floor. What can you tell me about this type of yoga?

—Arthritic Abby

Dear Abby,

If you're looking for a safe way to get active again but find traditional exercise routines difficult, chair yoga may be the perfect fit.

Chair yoga is a gentle form of yoga that's done either sitting on a chair or using the chair for support while standing. It adapts traditional yoga poses so they're accessible to people who may have limited mobility, balance issues, or difficulty getting down on the floor.

This practice helps improve flexibility, strength, and balance, boosts circulation and mobility, and promotes relaxation while reducing stress. This makes it an effective and safe way to stay active and support overall well-being at any age.

A typical chair yoga session begins with simple seated postures, such as gentle twists, stretches for the arms and legs, or movements that open the hips and shoulders. These exercises loosen stiff joints, improve posture, and increase flexibility in areas of the body that often become tight with age.

It can also include standing poses like modified lunges or gentle balance work, with the chair always nearby for stability. Breathing exercises are often incorporated throughout the practice, encouraging participants to slow down, deepen their breath, and cultivate a sense of calm. Sessions usually end with a short period of guided relaxation or meditation, leaving participants refreshed and grounded.

**How to Get Started**

To get started, you just need a sturdy chair

without wheels and preferably without arms, and some comfortable clothes. The goal with chair yoga is to stretch, not cause pain: go only as far as feels comfortable and don't push beyond your limits.

If possible, consider joining a local chair yoga class. Many local senior centers, YMCAs, and community recreation centers offer chair yoga as part of their wellness or fitness programs. Some yoga studios and gyms may offer gentle yoga or chair yoga too. And if you're enrolled in a Medicare Advantage plan, you may be able to access classes for free through SilverSneakers.com.

If attending an in-person class isn't an option, you can also practice chair yoga at home. There are chair yoga apps and many videos you can access on YouTube to guide you through a routine.

#### Chair Exercise Options

As an alternative to chair yoga, there are chair exercises you can add to your routine that can help improve strength and balance, reduce joint pain and prevent falls.

To execute some of these exercises, you'll need some resistance equipment like light dumbbells, water bottles, soup cans or resistance bands.

\* Sit-to-stand: For this exercise, sit at the edge of the chair, feet hip-width apart. Stand up without using your hands, then slowly sit back down. Use hands lightly on the chair or use a walker or cane if needed for support.

\* Seated marches: Sit tall and alternate lifting one knee at a time toward your chest.

\* Seated bicep curls: With elbows tucked in, curl weights towards shoulders, then lower with control.

\* Seated overhead press: Press weights overhead from shoulder height, then slowly lower.

\* Seated leg extensions: Extend one leg straight out and hold for 2-3 seconds, then lower and repeat.

\* Heel raises: Lift heels off the floor, pause, and lower back down.

For noticeable benefits, these exercises should be performed at least three days a week, doing three sets of 8 to 12 repetitions.

Discover how chair yoga can help improve flexibility, strength, balance, circulation and mobility, all from a safe seated position.



## Little Lad Knows His Numbers

Bob calls for our local Bingo about once a month. Recently, he brought his four-year-old son along and he entertained us throughout the evening. The balls bouncing in a glass-fronted container fascinated him. He helped his daddy call and was pleased with himself that he knew the numbers.

And best of all, he came to our table and made friends.

"I can play Bingo," he said. "I know my numbers."

"Do you know what a Bingo is?" asked Kate.

"It's just a line, isn't it?"

"Sometimes," said Kate, "and sometimes it is in a different shape. I could help you."

"Okay," said the child, but as soon as the balls started bouncing, he was off to watch them, giggling with pleasure.

"I think he's a little young," I said.

"I don't know," said Kate. "Let's try him out on something simple. How about the Bonanza?"

"Might be okay," I said. "That will be a simple blackout. He can play one of mine."

We arranged him at the table with a Bonanza card. This time the bouncing balls did not call him away as a different machine was used. He was thoroughly caught up in the game and was soon on for B4. "That's how old I am," he said. "I bet I get it."

He bounced on his chair and kept chanting "B4, B4," quietly as he waited. But then the number came up and he jumped up and cheered. "Bingo, Daddy. I've got a Bingo."

He was not eligible for the win, as he had not purchased a buy-in. He was so ecstatic over winning that I could not even consider taking the card back and claiming it as my own. The whole hall went into "pause" mode.

The final decision rested with the caller, but the caller was the child's father. The little boy looked hopeful. Bob just looked confused. "I don't know what to do," he said. "What do you think?"

I thought furiously and came up with an idea. "Could we donate the winnings to the Children's Hospital?" I asked. "That would seem to take care of who wins."

"That's a great idea," said Bob. "The winnings will be donated to Children's Hospital."

Kate unobtrusively pulled a ten-dollar bill from her purse. "This is for you," she said to the expectant child. "For being such a good sport."

"Oh," said the little boy. "Does this mean I can come back and play Bingo again?"

## Americanisms



"I try to believe like I believed when I was five ...  
When your heart tells you everything you need to know."  
— Lucy Liu



First time Barb has won the \$1000 Jackpot at Riverboat! Way to go!!



This group reserved our Chatter Room to celebrate 5 Birthdays while getting some bingo time in!



Carolyn was a lucky winner receiving the first Date Night basket of the month!!



Nancy and friends celebrated her 100th Birthday at Riverboat!!! Happy 100th Birthday Nancy!!



Connie was another lucky \$1000 Jackpot winner at Riverboat!! Congrats!!



Happy 101st Birthday Martha!! She too celebrated such a milestone of a birthday at Riverboat Bingo!



RIVERBOAT

BINGO



## Join Us for 10 Weekly Games!



Location

18300 W Bell Rd.  
Surprise AZ, 85374



Schedule

Monday & Friday 6:30 pm

Tuesday & Thursday 11:00 am & 6:30 pm

Saturday & Sunday 1:00 pm & 6:30 pm

*St. Patrick's Day*

**Tuesday, March 17th**

Join us for some good ol' Irish fun. Wear green to have a chance to win some prizes! Also get ready to chow down on some corned beef, cabbage, and a special dessert! Available while supplies last.

**Coupon Sale**

**March 15**  
through  
**March 22**



Includes bonus bonanza strip!  
2 coupon books per person per session

**Learn more at: [BingoatRiverboat.org](http://BingoatRiverboat.org)**

**Did You Know?**



Did you know Riverboat gives away over \$28,000 a week!  
Come in and take your shot at over \$3,600 in prizes every session!



## BINGO JOHN

### ■ The One from the Woods comes out of the Woodwork

(Last time we were with Bingo John he was hiding in the animal shed spying on an unsuspecting family.)

Yes sir, I'm here to tell you lyin' in a pig sty is a hard way to start off the day. The dirt and grime gets down in your skin and sucks it dry. That is why pigs are always wallowin' around in the mud. The juice keeps them good and moist. But for normal folks, it dries out your skin like an over-done cherry pie. I put up with it 'cause it was the only place where I could keep up with my new family.

Through the cracks in the chinking, I could see everything they were up to—all their daily activities, the cleaning, the cooking, all the things people do in their day to day lives. The father, being blind, sat on the porch all day with the sun on his face while he waited for his daughter to come and go. After I'd been there for about a week, I learned why she left every day. Not only did she go to work, but she went to visit her son at a local hospital. He was disabled. He did not walk or talk. He only stared blankly ahead, expressionless. The doctors did not know what was wrong, and the only thing that got him excited was televised Bingo.

"During Bingo," she said to her Pa, "He comes to life again. The hospital even set up a table for him to play. It is crazy, but he wins every game he plays."

I knew that this was the family for me. Not only was the daughter a beam of sweet light, but her son responded to the world through Bingo.

"Yeah, Pa," she said. Her eyes opening wide like blue water pouring in a vase. "There is something magical happening. He won again. He won all three games and the championship!"

Then she took out a big wad of bills that her son won.

"I told you," said her father. "I told you the One from the Woods was looking out for us."

She stroked his head then put the money in a cookie jar.

After she left the next day, I crawled out and did some of the chores around the place—chopped wood, tilled the garden, pulled weeds, patched the roof, etc. She did not notice the things I did at first, but as they added up she got

nervous. That night at dinner she asked the old man about it.

"Who's been out in the yard?" she asked.

"I told you. It's the One in the Woods. He came back. I hear him sometimes in my sleep. I can feel him. He's real close. Almost as if he's watching us right now."

"You're scarin' me, Pa. You started with that foolishness after Peter left. After our son...you know, the accident and all."

"I ain't trying to scare you. You can see it. You can see the results of his work," he said, pointing around the room with a withered finger. Then they both looked at my spot. Right at the dark crack I was peering through. Even the old man looked like he could see me.

"That's foolishness. You got one of the neighbors to help out."

"You know none of the people around here will step foot on this place. They say we're cursed. That something came out of the swamp to teach us a lesson for something we did. They blame us for the way little Pete ended up."

Then my sweet, sweet girl turned her head down like the weight of the world was pressing down on her shoulders. In the light of the single bulb I saw a tear sliding down her soft cheek. I wanted to reach out and touch her shoulder, to lift all her problems away. Right then and there I decided to crawl out of my spot and introduce myself. Problem was, I was in the woods so long, I forgot what a sight I was. I was covered in dirt and grime. My beard was long and greasy. My clothes were threadbare and falling off, and my skin was a dark crust like a burned marshmallow. I looked like some sort of swamp beast.

After a few moments of consternation, I decided to crawl outside anyway. Halfway out, I heard the both of them screaming and hollering like the whole house was on fire. I scooted back to my spy hole to see what happened. In the time I was thinking about introducing myself, they turned on the tv and her son was playing televised Bingo. Somehow, he was on the show, and won the giant jackpot. So, I scooted back out of my hole and ran to the front door, hoping they were happy and distracted by their winnings. When I knocked, everything got quite inside. I could hear the old man say it was the One from the Woods. The door slowly creaked open and there she was. Not two feet away, the most beautiful woman in the world. Her eyes and my eyes met, and we both froze for a moment. Then her eyes, like two perfect pools of blue water, drained out of her face, and she passed out, right into my arms.

"Who is it," cried the old man.

I decided to play along. "It's me. The One from the Woods"

"I knew it. You're the one responsible for everything."

"Yes sir. I've not met a more deserving family."

Then she started to move. The TV was on, and they'd just broke into the nightly news. Right across the screen, bigger than a pie plate was the face of Sarah-Mae. She was with the Sheriff's department, and they were looking for me. Sarah-Mae was clutching a picture of the two of us and cryin' like a baby. I looked at the screen then looked down at my sweet, willow lass. Her eyes came open, and she asked, "WHO ARE YOU?"

Next month, Bingo John tries to figure out his next move.



by Henry Tamburin

## Common Craps Bets: Part I

Craps is the fastest and one of the most exciting casino games, with over fifty bets on the layout. Below I'll explain two common bets, the Pass Line and the Come, and next month we'll look at three more.

### Pass Line

This is by far the most common bet made in craps. It is also known as a "line bet." When the dice pass to a new shooter, players wagering on the pass line are hoping that the shooter will win. This occurs if the shooter:

- Rolls a 7 or 11 on the first roll (known as the come-out roll).

- Establishes a point by rolling a 4, 5, 6, 8, 9, or 10 on the come-out roll, and then rolls the point number again before a seven.

Pass-line bets lose when the shooter:

- Rolls a 2, 3, or 12 (craps numbers) on the come-out roll.

- After establishing a point number on the come-out roll, rolls a 7 before rolling the point number. (The latter is known as "sevens out.")

What determines if a craps bet is good or not depends on the house edge and average cost per hour. The house edge is a percentage of each bet you make that the casino expects to win. In the case of the pass line bet, the house edge is 1.41%. The latter occurs because when you make a pass line

bet, you can expect to win 49.3 percent and lose 50.7 percent of the time. In other words, the rules favor the casino winning more bets than the player, which creates its advantage.

Another way to evaluate the "worth" of a craps bet is its cost per hour. In a well-managed craps table, the dice will roll about 100 times per hour. The number of decisions that occur on the pass line is 30 per hour on average. Assuming a player makes a \$5 pass line wager, the cost per hour is \$5 times 1.41% times 30 = \$2 (rounded).

Tip: Making a pass-line bet is a smart bet to make.

### Come Bet

A come bet is similar to the pass-line bet except you make it after the shooter establishes a point number on the come-out roll. The come bet has the same win/lose rules as the pass line, meaning it wins if the shooter throws a 7 or 11 on the first roll after the come bet is made and loses if a 2, 3, or 12 are rolled.

If instead, the shooter throws 4, 5, 6, 8, 9, or 10, it wins if the number is rolled again before a seven appears and loses if the shooter throws a 7 before the number.

The house edge for a come bet is the same as the pass line: 1.41%. The cost per hour is also the same: \$2 (rounded) for a \$5 come bet.

Tip: Making a come bet is a smart bet to make.

## SUDOKU ANSWERS

2	1	9	6	3	5	8	4	7
3	4	5	1	8	7	9	6	2
7	6	8	2	4	9	5	3	1
6	9	7	3	5	2	1	8	4
5	3	1	8	9	4	2	7	6
8	2	4	7	6	1	3	9	5
9	5	2	4	7	3	6	1	8
1	7	6	9	2	8	4	5	3
4	8	3	5	1	6	7	2	9

for two: Peel and pit a ripe avocado. Mash in a bowl with a fork, leaving some chunks. Add a pinch of sea salt and juice from half of a lemon.

Toast two slices of your favorite bread. Spread half of the mixture on each slice, and garnish with some red pepper flakes and a drizzle of good olive oil (optional).

Cook's Tips: Get creative by topping the spread mixture with chopped, cooked bacon, goat cheese, salsa, and crushed tortilla chips — or cracked pepper, sliced cherry tomatoes, and basil.

### EGG IN A HOLE

Create memorable family traditions with your kids and grandkids, starting at breakfast with this whimsical presentation of eggs and toast. Some families call it "Toad in the Hole" or "Bird in a Nest" — the list goes on. It's really nothing more than an egg cooked in the cut-out center of a piece of pan-made toast, but it's the off-kilter presentation that fancies it up.

Here's how to make one "Egg in a Hole": Use a 2-inch circle biscuit cutter or a similar sized metal cookie cutter to cut out the center of a slice of bread.

In a well-buttered pan, toast one side of the slice and cut-out piece for about 1 1/2 minutes. Flip. Add more butter to the pan.

Crack egg in the open center of the slice. Cover pan and cook slowly until whites are set and yolk thickens, about 3 1/2 to 4 minutes. Season with salt and pepper. Serve with the toasted cutout. Pair with bacon or sausage.



## ■ Toasting to Toast

"I'd like to make a toast!" said my friend at a happy family celebration. Without missing a beat, her nephew burst out, "Don't we need to get the toaster first?"

With all the toasting to 2026, I thought that I'd get literal and stretch the meaning, just like that spontaneous child, and welcome this new year with two recipes using toast. So, "here's a toast to toast!"

### AVOCADO TOAST

I keep a stash of avocados in different stages of ripeness on my kitchen counter, never knowing when I'll need one to slice on a bed of fresh greens or mash, season and spread on toast for a tasty morning energy boost. I've been making the latter for years, so no wonder I was surprised while whiling away time on Instagram to find that avocado toast is "on trend," with multiple ways to enjoy it.

Here's how to prepare "Avocado Toast"



by Frederick Woodruff  
Explore more at [ASTROINQUIRY.COM](http://ASTROINQUIRY.COM)

## Horoscopes for March 2026

**ARIES (MAR 21-APR 20):** You'll find that guidance and wisdom are coming from the nocturnal world of dreams.

**Lucky Days:** 8 - 20  
**Lucky Numbers:** 22 - 46

**TAURUS (APR 21-MAY 21):** Stay on point by asking others for clarification if communication becomes garbled.

**Lucky Days:** 9 - 12  
**Lucky Numbers:** 9 - 19

**GEMINI (MAY 22-JUN 21):** Writing, drawing, painting, or any musical outlet will hit the right note right now.

**Lucky Days:** 3 - 29  
**Lucky Numbers:** 22 - 57

**CANCER (JUN 22-JUL 22):** Help others connect with your natural understanding of the cyclic.

**Lucky Days:** 5 - 15  
**Lucky Numbers:** 6 - 33

**LEO (JUL 23-AUG 23):** It's time to put the finishing touches on the projects you've supported since the start of the year.

**Lucky Days:** 8 - 18  
**Lucky Numbers:** 33 - 38

**VIRGO (AUG 24-SEP 23):** If confrontation becomes unavoidable, lean on the diplomacy that comes naturally to you.

**Lucky Days:** 8 - 19  
**Lucky Numbers:** 22 - 44

**LIBRA (SEP 24-OCT 23):** The cosmos has you under a microscope now as you take on more responsibilities.

**Lucky Days:** 2 - 12  
**Lucky Numbers:** 44 - 46

**SCORPIO (OCT 24-NOV 22):** The new Moon on the 18th opens the door into a world of extrasensory perception.

**Lucky Days:** 7 - 18  
**Lucky Numbers:** 34 - 58

**SAGITTARIUS (NOV 23-DEC 21):** Translate inspiration into action—everything depends on it now.

**Lucky Days:** 8 - 13  
**Lucky Numbers:** 9 - 19

**CAPRICORN (DEC 22-JAN 20):** See if you can play at something that also holds financial rewards.

**Lucky Days:** 19 - 23  
**Lucky Numbers:** 2 - 44

**AQUARIUS (JAN 21-FEB 19):** You've been waiting for a far-reaching shift to open new doors. That time is now.

**Lucky Days:** 5 - 28  
**Lucky Numbers:** 22 - 50

**PISCES (FEB 20-MAR 20):** This month favors creative projects that require courage and stamina.

**Lucky Days:** 7 - 11  
**Lucky Numbers:** 4 - 23



## Jackson Hewitt Double Your Refund Sweepstakes

**32 Grand prizes:** (2 prizes per weekly entry period) The amount matching your Federal Tax Refund up to \$10,000 but not less than \$1,500

**320 First prizes:** (15 prizes per weekly entry period) \$200 cash

**To enter:** On a paper, print your name (and spouse's name if filing a joint return), the date on which your Federal IRS tax return was filed, stated as: *Federal Tax Return Filed on xx/xx/26* (must be exact date filed), address, e-mail address, and phone number. Mail in a #10 envelope with the Federal Return Filing Date on the envelope stated as: *Federal Tax Return Filed on xx/xx/26*. **Only one mail-in entry per person.**

**Mail to:** "Jackson Hewitt Double Your Refund Sweepstakes" PO Box 16470 Rochester, NY 14616

**Deadline:** Must be postmarked by the Thursday immediately following the date the Federal Tax Return was filed.

Open to legal U.S. residents 18 or over, void in PR, territories, and possessions. Start date 1/1/26. Entries do not carry forward to subsequent weekly drawings. End date 4/15/26. Automatic entries with taxes filed with Jackson Hewitt.

## Freedom Street Garage FSG21 2023 BMW M3 Sweepstakes

**1 Grand prize:** 2023 BMW M3 (\$90,000) - OR \$50,000 cash

**To enter:** On a 3x5 card, print the words: "FSG21 - 2023 BMW M3" Sweepstakes entry, your first and last name, address, phone number, e-mail address, and date of birth. Mail in a hand addressed #10 envelope with a hand written return address including your first and last name.

**Mail to:** CSS / FSG21 - 2023 BMW M3 Sweepstakes 5607 Pittsford Palmyra Road PO Box 938 Pittsford, NY 14534

**Deadline:** Postmarked by 5/8/26 and received by 5/13/26.

Open to legal residents of the U.S. and Canada with a drivers license 18 or over, void in PR, VI, & GU. Start date 11/12/25. Entries also online at [freedomstreetgarage.com/shop](http://freedomstreetgarage.com/shop) with a purchase (one entry for each dollar spent - each mail-in entry is worth 50 entries). See rules for bonus entry periods

## We-Ko-PA Casino Bingo Jackpots in the Last 30 Days



Nancy won the Yellow planet for \$610.

- 1-15-26 Matinee- Yellow planet \$2,370
- 1-17-26 Matinee- Yellow planet \$890  
Evening- Axe the Tax \$3,250
- 1-20-26 Evening- Jumping Jackpot \$20,000
- 1-24-26 Evening- Stellar 7 \$3,600
- 1-25-26 Evening- Yellow planet \$2,040
- 1-26-26 Matinee- Stellar 7 \$2,400
- 1-27-26 Evening- Double Action \$5,257
- 1-29-26 Evening- Red planet \$5,875
- 1-30-26 Matinee- Stellar 7 \$2,600  
Evening- Stellar 7 \$5,200
- 2-1-26 Evening- Yellow planet \$1,520  
Stellar 7 \$5,200
- 2-4-26 Evening- Triple Top Card- \$1,000  
Stellar 7 \$3,600
- 2-6-26 Evening- Hot ball \$20,634  
Triple Middle Card \$2,100
- 2-7-26 Matinee- Red planet \$3,010  
Evening- Hot ball \$1,344
- 2-8-26 Matinee- Yellow planet \$1,020
- 2-9-26 Evening- Stellar 7 \$4,000  
Jumping Jackpot \$10,00
- 2-10-26 Evening- Stellar 7 \$4,800
- 2-12-26 Matinee- Stellar 7 \$2,400
- 2-13-26 Evening- Hot ball \$4,753  
Yellow Planet \$1,360

# MARCH 2026 BINGO CALENDAR



SATURDAY, MARCH 21

# MARCH MEGA BASH

OVER  
**\$125,000**  
IN CASH AND PRIZES  
UP FOR GRABS

SUN	MON	TUE	WED	THU	FRI	SAT
1  5 of a Kind Planet Bingo We-Ko-Pa Pack After Each Session	2  3 of a Kind	3  3 of a Kind	4  3 of a Kind Fortune Club Special	5  3 of a Kind S.O.L. Bingo	6  5 of a Kind Planet Bingo 50 Level 1 Packs Per Completion Game After Eve Session	7  5 of a Kind Lucky 7 BONUS
8  5 of a Kind S.O.L. Bingo Salute to Service Day	9  4 of a Kind BONUS	10  3 of a Kind Fortune Club Special	11  3 of a Kind Bonus Punch	12  4 of a Kind Planet Bingo 50 Level 1 Packs Per Completion Game After	13  5 of a Kind BONUS	14  5 of a Kind Fireball Bingo
15  5 of a Kind Bonus Punch	16  5 of a Kind	17  Happy St. Patrick's Day 5 of a Kind	18  3 of a Kind Fortune Club Special	19  3 of a Kind Triple Points	20  5 of a Kind S.O.L. Bingo	21 March Mega Bash Over \$125,000 Up for Grabs!
22  5 of a Kind Bingo Beneficiary Bucks Fireball Bingo BONUS	23  3 of a Kind Bingo Beneficiary Bucks	24  3 of a Kind Fortune Club Special Bingo Beneficiary Bucks	25  3 of a Kind Bingo Beneficiary Bucks Salute to Service Day	26  3 of a Kind Bingo Beneficiary Bucks Bonus Punch	27  5 of a Kind Bingo Beneficiary Bucks Planet Bingo All-In Package Deals After Eve Session	28  5 of a Kind Bingo Beneficiary Bucks BONUS
29  5 of a Kind Bingo Beneficiary Bucks Planet Bingo We-Ko-Pa Pack After Eve Session	30  5 of a Kind Bingo Beneficiary Bucks	31  3 of a Kind Fortune Club Special Bingo Beneficiary Bucks	<b>March Mega Bash</b> Session starts at 6:30pm. 34 Game Session - Three Paylines \$12,000 - \$28,000 in Large Pack Payouts Over \$100,000 in Special Payouts Available See bingo hall for rules and more information			

Matinee (12PM)    
 Evening (6:30PM)    
 Military Appreciation    
 Buy any package deal & get a second of the same package deal for \$0.01    
 Win one of our drawings for March Mega Bash prizes.

\*No Matinee Session on Tuesday & Wednesday

